

Microdermabrasion Treatment Confidential Consent Form

Last Name:

First Name:

Phone number:

E-mail:

Skin Condition (Please circle all that apply)

Wrinkles, Fine Lines

Acne or Acne Prone

Acne Scars

Dehydration

Hyperpigmentation (Brown spots or sun spots)

Precautions (Please read carefully)

***Please be aware that you are not a candidate for Microdermabrasion if you have and of the following conditions:**

*** Undiagnosed lesions* Recent herpes outbreaks* Warts* Active weeping acne* Active Rosacea**

*** Auto-immune system disorders* Epilepsy* Pregnant**

***The Microdermabrasion Treatment** you will receive is a procedure designed to exfoliate or remove the outer layers of the skin. A diamond tip wand is used to exfoliate and remove dead cells from the outer most layer of the skin.

***Your skin may be** red or have a wind burned or sunburned look for a few days. Most side effects are temporary and generally subside within 72 hours. Possible (not probable) side effects include, and are not limited to, slight redness, extreme redness, swelling, bruising, stinging, tenderness, dry or flaking skin and lightening or darkening of the skin. In addition, side effects could include slight blood potting which may appear with deeper treatment levels. Healing may take several days or longer.

Anytime the skin barrier is broken, there is a small risk of bacterial or viral infection.

*** Your participation** in your skin care treatments will determine the outcome. It is important that you strictly adhere to your home care products that your esthetician had recommended. Keep the area clean and dry. Do not apply ordinary make-up for at least 3-14 hours after the treatment.

***No guarantee** is expressed or implied as to the precise results.

***During the procedure** if you feel any discomfort you must notify the esthetician immediately so the pressure can be turned down on the machine.

***For your safety** do not wear contact lenses to treatment sessions. They can be placed in after treatment. During the treatment it is important that you keep your eyes and mouth closed to avoid getting any debris into these areas.

***Make sure to avoid** alpha-hydroxy acid, glycolic acid products, Retin-A, Salicylic Acid, Hydroquinone, and skin exfoliation scrubs for 72 hours both before and after treatment. Also avoid swimming and stay out of direct sunlight for 7 days after treatment and use an SPF of a least 25 on the area of skin being treated.

Please initial beside each statement. (Read Carefully)

I am not pregnant

I have not used Retin-A for 72 hours

I agree to avoid direct sun exposure and tanning beds for 7 days

I agree to notify aesthetician of any concerns

I agree to wear sunscreen of SPF of at least 25 daily

I have not had a peel treatment in the last 7 days

I have not had Microdermabrasion in the last 7 days

I have not taken Accutane in the past year, or prescription Retin-A for 30 days

I agree not to wax or exfoliate for 72 hours pre/post treatment

I do not have active or inactive cold sores

I do not have family history of hypertrophic scarring or keloids

I have not had a series of 8 microdermabrasion treatment in the last 6 months

I do not have unstable diabetes

I do not have unstable or active Roseacea

I do not have any known immune system disorders

I have not had any laser surgery or any cosmetic procedures on the skin recently

I do not have eczema or psoriasis

I am not currently taking any blood thinning medication

Consent (please sign)

By signing below, I hereby give my consent and voluntary release to Gina Rago from any claims, implied or stated that I have or may have in the future with this treatment, regardless of result. I certify that I have read and fully understand the possibility of known and unknown risks, complications and limitations to this procedure. I agree that this constituted my full disclosure of my medical and health background. I am stating that the treatment and precautions have been explained to me in great detail and that I fully understand.

Client Signature: _____ Date: _____

Printed name: _____

Aftercare for Microdermabrasion Treatment

You may resume your daily activities or return to work immediately.

Makeup can be applied immediately following a treatment. If you experience discomfort following makeup application, just remove it.

- Sunscreen will be applied to your skin before you leave. You must protect your skin every day with a full spectrum sunscreen that protects against both UVA and UVB with an SPF of 35 or higher. Avoid direct sun exposure. All tanning and tanning beds must be avoided.
- For the first 24-48 hours, use a mild cleanser, hydrating moisturizer, eye cream, and sunscreen. If you are treating hyperpigmentation, you should also continue to use your lightening product. We will outline for you which products you should use following treatment.
- Do not use glycolic, alpha-hydroxy, beta-hydroxy, retinol, benzoyl peroxide or topical acne medications for 24-48 hours following treatment. You may resume such products after this period or as instructed by your technician.
- You may resume prescription retinoid products (Retin-A, Differin, Renova, Avita, Alustra, Adapalene, Tazorac, Tazarotene) 48 hours after your last microdermabrasion treatment, OR as instructed by your technician. If you are receiving a series of treatments, be sure to ask your technician how you should best use your skin care products during your series.
- Drink additional water before and after your treatments. Hydrated skin is healthy skin!